

Bar Mitzvah of

Zane Isaac Aloia

Malakh Solomon



Parshat Noach

**Congregation Nevei Kodesh,
Rav Sarah Bracha Gershuny**

**6 Heshvan 5781
October 24, 2020**

Dear Family and Friends,

Good morning and Shabbat Shalom! Welcome to this morning's service and to Zane's Bar Mitzvah. Today is a big day for Zane, and we are delighted that you have chosen to share it with him. A Bar Mitzvah is a rite of passage in the Jewish tradition. Today, Zane is taking a big step and accepting the responsibility of an adult participant in our Jewish community.

We would like to tell you a bit about our community. Ours is a community of joy, compassion, warmth and acceptance. We sing, dance, hug, smile at each other, and truly enjoy our worship. We wish you were here to join us in person, but we encourage you to join us as fully as you are willing from the comfort of your home.

Zane has studied for more than two years for this day, and although there will not be party tonight, this service is his true celebration. Zane will demonstrate his readiness to join fully our community by co-leading the service with Rav Bracha. The culmination of the worship service will be Zane reading from the Torah and explaining, in his own words, what this Torah portion (or parsha) means to us today. Throughout the world today, Jews are reading these same words, as they have done on this day for thousands of years, bringing Zane into the global Jewish community in a real and meaningful way.

We are incredibly proud of Zane and we feel truly blessed to have you join us in today's celebration.

Love,

Jill, Mark, and Jake

A Bar-Mitzvah Primer

For those unfamiliar with a *Bar Mitzvah*, we hope this brief guide will help explain some of our language, customs, and traditions.

What is Shabbat?

Shabbat is our Sabbath, our day of rest, and the holiest day of the week. We bring in Shabbat on Friday evening at sunset by lighting candles and saying blessings and it lasts until sundown on Saturday.

What is Torah?

A *Torah* is a scroll of hand-written dried animal skin. The first five books of the bible come from the Torah. Each week, every congregation in the Jewish world reads the same portion of the Torah, and in this way, we are all linked together. Those who are called up to chant blessings before and after each reading are making an “*aliyah*.”

What are Kippah and Tallit?

These are special garments. A *kippah* is a head covering, typically worn by men, as a sign of respect and humility. A *tallit* is prayer shawl, worn by adults at our services. The tallit has knotted fringes called *tzitzit*, with one knot for each of the 613 *mitzvot* (commandments) in the Torah.

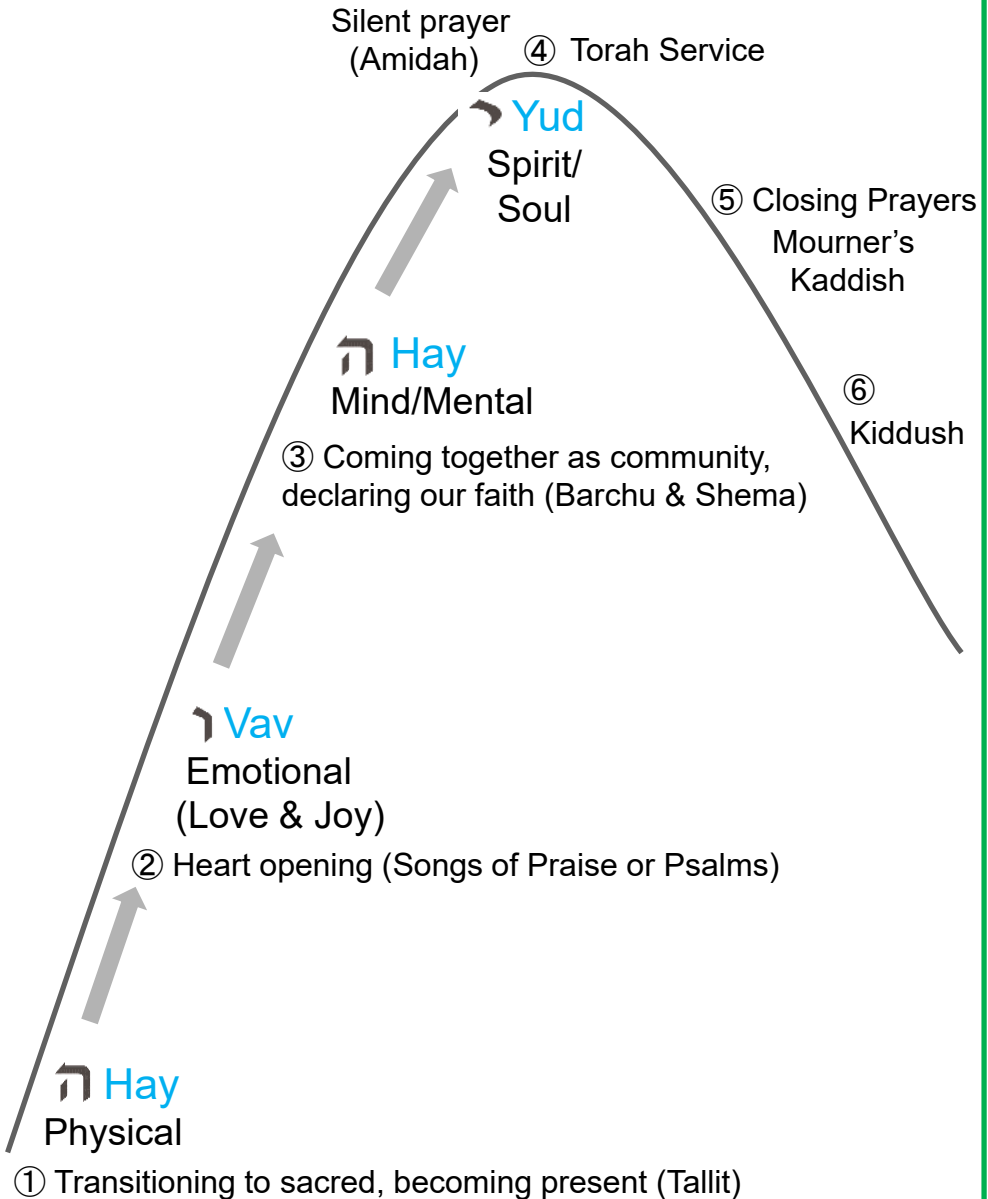
What is Jewish Renewal ?

Jewish Renewal combines traditional practice with Jewish mysticism (*Kabbala*). Our congregation is named, *Nevei Kodesh*, which means Oasis of Holiness. We seek to bring creativity, relevance and joy to our spiritual practice and to find the modern meaning in Judaism, which we view as an evolving religion. We attempt to be fully inclusive and egalitarian, to transcend the differences among various Jewish denominations, and to help heal the world by promoting justice, freedom, responsibility, and caring for the earth.

Zane's Bar Mitzvah Service Honors

| | |
|--|--|
| Hiney Ma Tov | <i>Jake (Favorite Brother)</i> |
| Presenting Zane's Great Grandfather's 102-year-old tallit | <i>Bette & Arnold Gitten (Grandparents)</i> |
| Presenting Zane with his tallit | <i>Mark & Jill Aloia (Parents)</i> |
| Ahava Raba | <i>Jill Aloia</i> |
| Opening the Ark | <i>Jake Aloia (In honor of all the Cousins)</i> |
| Passing the Torah | <i>Mark, Jill, and Jake Aloia</i> |
| First Aliyah | |
| Blessing | <i>Max Gordon (Zane' Bar Mitzvah classmate)</i> |
| Chanting | <i>Nitsan Em (Zane's Hebrew teacher)</i> |
| English Translation | <i>Lisa Bowen (In honor of all the Aunts)</i> |
| Second Aliyah | |
| Blessing | <i>Charna Rosenholtz (Zane's parsha coach)</i> |
| Chanting | <i>Jake Aloia (Zane's brother)</i> |
| English Translation | <i>Dennis Aloia (In honor of all the Uncles)</i> |
| Third Aliyah | |
| Blessing | <i>Mark & Jake Aloia</i> |
| Chanting | <i>Jill Aloia</i> |
| English Translation | <i>Mark Aloia</i> |
| Fourth Aliyah | <i>Zane Aloia</i> |
| Hagba / Raising the Torah | <i>Mark Aloia</i> |
| Dressing the Torah | <i>Jill Aloia</i> |
| Sitting with the Torah | <i>Jake Aloia</i> |

The Arc of the Shabbat Morning Service



Introduction to the Four Worlds of the Shabbat Service

This service is divided into four main sections representing the four worlds of spiritual experience. Each of the four worlds is identified by a letter in the Hebrew alphabet: Yud, Hay, Vav, and Hay, which spells G-d's ineffable name. Each of these letters also stands for a different aspect of G-d, the One Source. In the service we begin at the bottom and move up.



Yud: The yud represents the world of Oneness with G-d, the experience of Pure Being. This part of the service is about connecting with Hashem as Timeless Presence.



Hay: The upper hay represents the world of knowing and believing. In this part of the service, we declare our faith in the One Source.



Vav: The vav represents the emotional world. In this part of the service, we open our hearts with praise for G-d and all of Nature.



Hay: The bottom hay represents the physical world. In this part of the service, we bless Hashem for our bodies and the material world in which we live.

Order of Worship

ASSIYAH (Arriving)

| Welcome | | | |
|---------|------------------------------|---|---|
| 1 | Hiney Mah Tov (Psalm 133) | Hiney mah tov u-mah na- im, shevet akhim/akhayot gam yakhad! | <i>How good and how pleasant it is for brothers/sisters to live together.</i> p3 |
| 2 | Modeh Ani | Modeh (women say “modah”) ani l’fa-necha Melech Chai v’Kayam She- he-khezarta bi nishmati b’khemla, raba emuna- tekha. | <i>I give thanks to you, Living Spirit within me, for graciously returning my soul back to me. Your faithfulness is boundless.</i> p3 |
| 3 | Hareyni (Lev 19:18) | Hareyni m’kabeyl alai et mitzvat ha-borei v’ahavta l’reyakha kamokha, l’reyakha kamokha | <i>Here I am, ready to take upon myself the mitzvah of the Creator: love your neighbor as yourself.</i> p3 |
| 4 | Tallit Blessing | Baruch Atah Adonai Eloheynu Melech ha-Olam asher kid’shanu b’mitzvotav, v’tzeevanu l’hitateyf batzeetzet. | <i>You abound in blessings, Adonai our G-d, source of all creation, for giving us ways to join ourselves to You by wrapping ourselves in the tallit.</i> p5 |
| | Shehekheyanu | Baruch Atah Adonai Elohaynu Melech ha-Olam She-he-kheyanu v’kee- y’manu v’heegee-anu lazman hazeh. | <i>Blessed are You YAH, who has kept us in life, who has sustained us and who has permitted us to reach this precious moment.</i> |
| 5 | Elohai Neshama | Elohai neshamah shena- tata bee t’horah hee. | <i>My G-d, the soul You have given me, She is pure.</i> p6 |

YETZIRAH (Opening the Heart)

| | | | |
|---|-------------------------------|--|--|
| 6 | Ivdu et Hashem B’simcha | Ivdu et Hashem b’simcha! Bo-u l’fanav, bir-nana. | <i>Serve the Holy One with joy! Come before G-d’s presence with song.</i> p8 |
| 7 | Nishmat Kol Chai | Nishmat kol chai t’varekh et shimkha, Yah Eloheynu. | <i>The soul of every living creature breathes out its praise to You, Oh G-d!</i> p11 |

BRIYAH (*Connecting*)

Stand if able. Call and **response**.

| | | | | |
|----|----------------------------|--|--|-----|
| 9 | Barchu (Call to Prayer) | Bar'chu et Adonai ham'vorakh Baruch Adonai ham'vorakh l'olam va'ed | <i>Blessed is the One Blessed Power.</i> <i>Blessed is G-d forever and ever!</i> | p16 |
| 10 | Yotser Or | Barukh Ata Adonai, Eloheynu Melekh Ha-Olam Yotzer or u-vorey khoshekh, Oseh shalom u-vorey et hakol. | <i>Holy One of Blessing, Your presence fills creation, You form light, and You create darkness, You make peace and You create the whole.</i> | p16 |
| 11 | Ahavah Rabbah | Ahavah Rabbah | <i>With a great love, You are loving us.</i> | p18 |

It's customary to cover our eyes in preparation of Sh'ma.

| | | | | |
|--|--------------------------|---|--|-----|
| | Sh'ma (Deut 6:4) | Shema Yisrael Adonai Eloheynu Adonai Echad (whisper) Baruch Shem Kevod Malchuto l'olam va-ed. | <i>Listen all you who struggle with the Infinite, YAH, who is our G-d, YAH is One. Through time and space Your glory shines, Majestic One.</i> | p19 |
| | v'Ahavta (Deut 6:5-9) | V'a-hav-ta eit A-do-nai E-lo- he-cha, B'chawl l'va-v'cha, u-v'chawl naf-sh'cha, u-v'chawl m'o-de-cha. V'ha-yu ha-d'va-rim ha-ei-leh, A-sher a-no-chi m'tsa-v'cha ha-yom, al l'va-ve-cha. V'shi-nan-tam l'-va-ne-cha, v'di-bar-ta bam b'shiv-t'cha b'vei-te-cha, uv-lech-t'cha va-de-rech, u-v'shawch-b'cha uv-ku-me- cha. Uk-shar-tam l'ot al ya-de- cha, v'ha-yu l'to-ta-fot bein ei- ne-cha. Uch-tav-tam, al m'zu- zot bei-te-cha, u-vish-a-re-cha | <i>And you shall love the Lord your Gid, with all your heart, with all your soul, and with all of your might. And all these words, which I command you on this day, shall be upon your heart. And you shall teach them diligently unto you children, and you shall speak of them when you're sitting in your house, and you're walking by the way, and when you're rising up, and when you're lying down. And you shall bind them for a sign upon your hand, and they shall be for frontlets between your eyes. And you shall write them on the doorposts of your house , and upon your gates: That you may remember and do all of my commandments, and be holy unto your G-d.</i> | p19 |

BRIYAH (continued)

| | | | | |
|----|--------------------------|--|--|-----|
| 12 | Mi Kamocha (Ex 15:11) | Mee cha-mokhah ba-eylim Adonai, mee cha-mokah nedar bakodesh, Nora t'heelot ose y feleh. Adonai yimlokh l'olam va-ed! | <i>Who is like You, Adonai, among other gods, glorious in holiness, awesome in praises, doing miracles? The Eternal will reign forever and ever!</i> | p22 |
|----|--------------------------|--|--|-----|

*Lord I want to do / feel / know / be for You
For You are action / feeling / knowing / You just Are!*

ATZILUT (Personal Prayer)

| | | | | |
|----|----------------|---|---|-----------------|
| 13 | Silent Amidah | | | p24 – p30 |
| 14 | Oseh Shalom | Oseh shalom bim'romav hu ya'aseh shalom aleynu, v'al kol Yisra-el, v'al kol yoshvei tevel, v'im'ru Amen. | <i>May the One who makes peace in the heavens bring peace to all of us on this earth. And let us say, "Amen!"</i> | p31 |

Torah Service

| | | | | |
|--|--|---|---|-----|
| 15 | D'var Torah (Zane's Teaching) | | | |
| 16 | Call and Repeat | Shema Yisrael, Adonai Eloheynu Adonai ekhad Ekhad Eloheynu gadol Adoneynu kodosh shemo Gadlu l'Adonai eetee oo-n'ro- m'mah shemo yakhdav. | <i>Hear O Israel, the Lord your G-d is One, Our G-d is One. Our Lord is great, holy is G-d's name. Declare with me the greatness of G-d, together we will raise G-d's name.</i> | p33 |
| 17 | Aliyah Brachot (Before each Aliyah) | Barchu et Adonai hamevorach. Baruch Adonai hamevorach l'olam va-ed. Baruch Adonai hamevorach l'olam va-ed. Baruch Atah Adonai Elohaynu Melekh ha-olam asher bakhar banu im kol ha-amin, v'natan lanu et-torato. Baruch Atah Adonai, noteyn haTorah. | <i>Blessed is the One Blessed Power. Blessed is the Blessed One forever and ever! Blessed is the Blessed One forever and ever! Blessed are You – the Lord our G-d, Ruler of the Universe, who has chosen us along with all peoples and has given us His Torah. Blessed are You – the Lord, Giver of the Torah.</i> | p35 |
| <i>First Aliyah; Second Aliyah; Third Aliyah; Zane is called to the Torah as a Bar Mitzvah, Fourth Aliyah.</i> | | | | |
| 18 | Aliyah Brachot (After each Aliyah) | Baruch Atah Adonai Elohaynu Melekh ha-olam asher natan lanu torat emet, v'khayey olam nata b'tokheyenu. Baruch Atah Adonai, noteyn haTorah. | <i>Blessed are You – the Lord our G-d, Ruler of the universe, who has given us the Torah of truth, and has planted everlasting life in our midst. Blessed are You – the Lord, Giver of the Torah.</i> | p36 |

Torah Service (continued)

| | | | | |
|----|--|--|--|-----|
| 19 | Siman Tov | Siman Tov uMazal Tov Yehay Lanu, u'l'chol Yisrael | May this be a good omen for all of us and all Israel. | |
| 20 | Healing Prayer | Ana El Na, Repha Na La | Please G-d, heal her / him / them, please! | |
| 21 | V'Zot haTorah | V'zot haTorah asher sam Moshe lifney b'ney Yisra-el ahl pee Adonai b'yad Moshe. | And this is the Torah which Moses set before the Children of Israel, through the word of G-d, by the hand of Moses. | p37 |
| 22 | Jill and Mark bless Zane and release him into adulthood. | | | |
| 23 | Presentation on behalf of the community by Maggid Charna Rosenholtz. | | | |
| 24 | Priestly Blessing (Numbers 6:24-26) | | | p37 |
| 25 | Etz Chaim Hee | Eytz chaim hee lamakhazikim bah, v'tom'kheha m'ushar. D'racheha dar'chay no-am, v'chol netivoteha shalom. Hashiveynu Adonai aylecha v'nashuvah chadeysh yameynu k'kedem. | She is a tree of life to those who hold fast to Her and all Her supporters are Happy. Her ways are ways of pleasantness and all Her paths are peace. Return us to You Adonai and we shall be returned. Renew our days to purity. | p37 |

Closing Prayers

| | | |
|----|-------------------|-----|
| 26 | Mourners' Kaddish | p42 |
| 27 | Closing Song | |

Kiddush and Motzi (Sanctifying the Day, and Breaking Bread)



First Aliyah ~ Read by Nitsan Em

ט שְׁנַיִם שְׁנַיִם בָּאוּ אֶל־נֹחַ אֶל־הַתֵּבָה זָכַר וַיִּקְבְּהָ כַּאֲשֶׁר צִוָּה אֱלֹהִים אֶת־נֹחַ׃
י וַיְהִי לְשִׁבְעַת הַיָּמִים וּמִי הַמַּבּוּל הָיוּ עַל־הָאָרֶץ׃ יא בַּשָּׁנָה שֶׁש־מֵאוֹת שָׁנָה
לְחַיֵּי־נֹחַ בְּחֹדֶשׁ הַשְּׁנַיִ בְּשִׁבְעָה־עֶשְׂרֵ יוֹם לְחֹדֶשׁ בַּיּוֹם הַזֶּה נִבְקְעוּ כָּל־מַעְיָנוֹת
תְּהוֹם רַבָּה וַאֲרֻבֹּת הַשָּׁמַיִם נִפְתְּחוּ׃ יב וַיְהִי הַגֹּשֶׁם עַל־הָאָרֶץ אַרְבָּעִים יוֹם
וְאַרְבָּעִים לַיְלָה׃

7:9 (They) came two by two to Noah, to the ark.
They were male and female, as God had
commanded Noah.

7:10 Seven days passed, and the flood waters
were on the earth.

7:11 It was in the 600th year of Noah's life, in the
second month, on the 17th of the month. On that
day all the wellsprings of the great deep burst
forth and the floodgates of the heavens were
opened.



Second Aliyah ~ Read by Jake Aloia

כב כָּל אֲשֶׁר נְשָׁמַת-רוּחַ חַיִּים בְּאַפָּיו מִכָּל אֲשֶׁר בְּחַרְבָּה מֵתוֹ: כג וַיָּמָח
אֶת-כָּל-הַיְקוּם | אֲשֶׁר | עַל-פְּנֵי הָאֲדָמָה מֵאָדָם עַד-בְּהֵמָה עַד רֶמֶשׂ וְעַד-עוֹף
הַשָּׁמַיִם וַיָּמָחוּ מִן-הָאָרֶץ וַיִּשְׁאַר אֲדָנָם וְאֲשֶׁר אִתּוֹ בַּתֵּבָה: כד וַיִּגְבְּרוּ הַמַּיִם
עַל הָאָרֶץ חֲמָשִׁים וּמֵאֵת יוֹם:

7:22 Everything on dry land whose life was sustained by breathing died.

7:23 [The flood] thus obliterated every organism that had been on the face of the land: humanity, livestock, land animals, and birds of the heaven. They were obliterated from the earth. Only Noah and those with him in the ark survived.

7:24 The waters surged on the earth for 150 days.



Third Aliyah ~ Read by Jill Aloia

יֵא וְהִקְמֹתִי אֶת־בְּרִיתִי אִתְּכֶם וְלֹא־יִכָּרֵת כָּל־בֶּשֶׁר עוֹד מִמֵּי הַמַּבּוּל וְלֹא־יִהְיֶה
עוֹד מַבּוּל לְשַׁחַת הָאָרֶץ: יב וַיֹּאמֶר אֱלֹהִים זֹאת אוֹת־הַבְּרִית אֲשֶׁר־אֲנִי נֹתֵן בֵּינִי
וּבֵינֵיכֶם וּבֵין כָּל־נֶפֶשׁ חַיָּה אֲשֶׁר אִתְּכֶם לְדֹרֹת עוֹלָם: יג אֶת־קִשְׁתִּי נֹתַתִּי בְּעַנְן
וְהַיִּתְּהָ לְאוֹת בְּרִית בֵּינִי וּבֵין הָאָרֶץ:

9:11 I will make My covenant with you, and all life will never be cut short by the waters of a flood. There will never again be a flood to destroy the earth.'

9:12 God said, 'This is the sign that I am providing for the covenant between Me, you, and every living creature that is with you, for everlasting generations:

9:13 I have placed My rainbow in the clouds, and it shall be a sign of the covenant between Me and the earth.



Fourth Aliyah ~ Read by Zane

ד וַיֹּאמְרוּ הִבָּה | בְּנֵה־לָנוּ עִיר וּמִגְדָּל וְרֵאשׁוּ בְשֵׁמִים וְנַעֲשֶׂה־לָנוּ שֵׁם פֶּן־נִפְּוֹץ
עַל־פְּנֵי כָל־הָאָרֶץ: ה וַיֵּרָד יי לִרְאוֹת אֶת־הָעִיר וְאֶת־הַמִּגְדָּל אֲשֶׁר בָּנוּ בְּנֵי הָאָדָם:
ו וַיֹּאמֶר יי הֵן עַם אֶחָד וּשְׂפָה אַחַת לְכָל־ם וְזֶה הַחֲלָם לַעֲשׂוֹת וְעַתָּה לֹא־יִבָּצֵר
מֵהֶם כָּל אֲשֶׁר יִזְמוּ לַעֲשׂוֹת: ז הִבָּה נִרְדָּה וְנִבְלֶה שֵׁם שְׁפָתֵם אֲשֶׁר לֹא יִשְׁמְעוּ
אִישׁ שְׁפַת רֵעֵהוּ:

11:4 They said, 'Come, let us build ourselves a city, and a tower whose top shall reach the sky. Let us make ourselves a name, so that we will not be scattered all over the face of the earth.'

11:5 God descended to see the city and the tower that the sons of man had built.

11:6 God said, 'They are a single people, all having one language, and this is the first thing they do! Now nothing they plan to do will be unattainable for them!

11:7 Come, let us descend and confuse their speech, so that one person will not understand another's speech.'



Upside Down by Jack Johnson

Who's to say
What's impossible
Well they forgot
This world keeps spinning
And with each new day
I can feel a change in everything
And as the surface breaks reflections fade
But in some ways, they remain the same
And as my mind begins to spread its wings
There's no stopping curiosity
I want to turn the whole thing upside down
I'll find the things they say just can't be found
I'll share this love I find with everyone
We'll sing and dance to Mother Nature's songs
I don't want this feeling to go away
Who's to say
I can't do everything
Well I can try
And as I roll along, I begin to find
Things aren't always just what they seem
I want to turn the whole thing upside down
I'll find things they say just can't be found
I'll share this love I find with everyone
We'll sing...

Thank You!

Our most heartfelt thanks to:

Rav Bracha for taking great care to guide Zane into the fold of the Jewish community and for helping us all grow together through this process.

Maggid Charna Rosenholtz, Zane's parsha coach and a dear friend to our family, for her depth, understanding, and appreciation for Zane and for the magic she brought to the process of preparing him for this special day.

Nitsam Em, Zane's Hebrew teacher, for her skill, guidance, and willingness to nurture Zane from learning to read Hebrew to being able to chant his parsha and all the prayers of the Shabbat service.

Sheldon Sands and Ari Sharfstein for the beautiful music today and for setting the context for a true celebration of Zane's transition into adulthood within this community.

Ruth Seagull, Nevei Kodesh's beloved Gabbai, for her support with the Torah service.

Dena Gitterman for her help in keeping us on track and supporting us in all of the details of Bar Mitzvah operations.

Artem Nikulkov and his team at Earth Coast Productions for his magic in bringing Zane's ceremony to friends and family and bringing them to us, and **Marla Rutherford** for capturing the day.

And to all of **our dear friends and family** all around the country, for your love and support and for bringing witness to this amazing day!



Xo, Zane and his Family

Zane's Bar Mitzvah Service Project: *Cooking for and feeding the homeless in our community*





This supplement is in loving memory of
Zane's Grandparents
Vero and Angeline Aloia